

If you would like to know more about the information in this leaflet, please ask a member of staff

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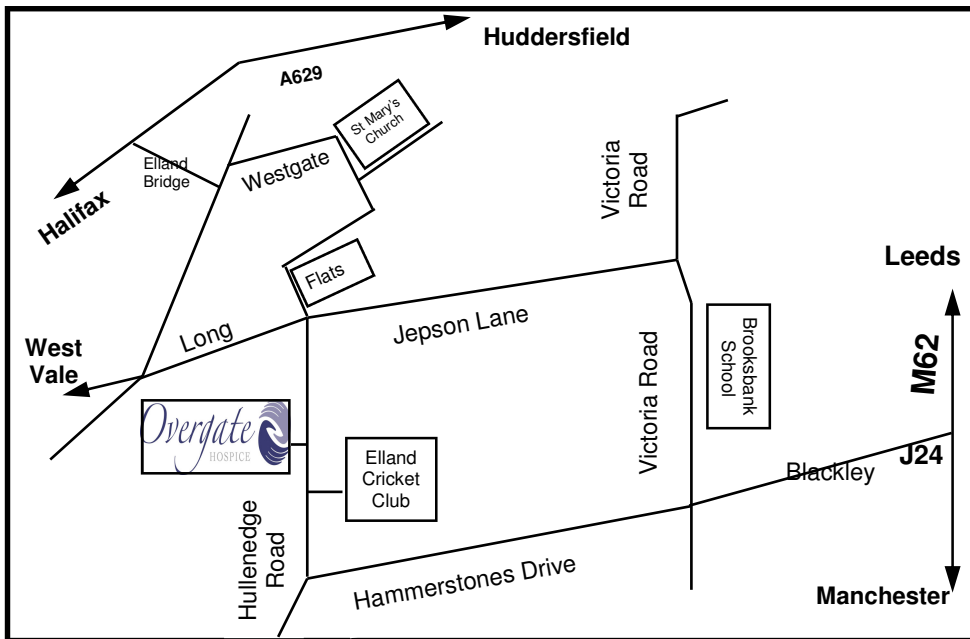
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Chaplaincy & Spiritual Care

Information for you and your relatives.

Spiritual care is an important part of what Overgate Hospice can offer you. The work is led by the Chaplaincy Team, and we hope that the information contained in this booklet will answer many of your questions.



This leaflet was Reviewed:
Next Review due:

Overgate/publications/clinical/.....

What we mean by spiritual care

All staff throughout the hospice are committed to respecting each person's spiritual or religious preference. We aim to provide spiritual care for all patients, irrespective of their belief, if they wish it. We can also help find religious and spiritual support of different kinds from a wide range of people and places if required. Members of our team are currently all Christians, but at your request, we will arrange for someone representing your own belief or faith community to come and see you. Additionally, your own vicar/priest/religious leader is welcome to come and see you at the hospice. We can contact them on your behalf.

Spiritual care supports the unique spiritual journey of each person, enabling them to look at questions of meaning and purpose. Some people will want to think about their relationships with others and / or with God. Some may wish to explore religious beliefs and practices, Christian or otherwise. Some will want to think ahead about their death and its implications.

For some people, the spiritual dimension of life becomes more important when they are ill. This can be a time for being in touch with the very deepest part of ourselves.

If it is your wish, we will support you and your relatives and carers, perhaps helping you to come to terms with what is happening to you now or with what may have happened in the past.

Do I need to be a religious person to receive spiritual care?

You don't need to be a religious person to receive spiritual care. Our staff understand that the spiritual dimension of life can be as important to patients without a defined religious belief as it is to those who are deeply religious. We recognise that each patient has their own individual need for spiritual care, and whatever support you need will be respected and accepted, and you will be listened to in an open and honest way.

Our staff on the in-patient unit will ask you if you have any spiritual or religious needs and concerns.

Simply someone to talk to

Patients are cared for by a multi-disciplinary team of professionals. This includes doctors, nurses, social workers, counsellors and chaplains. An individual patient may feel most comfortable with a particular member of the team and it is them who will provide you with whatever help they can, even if this is simply listening to what you have to say.

A quiet space

The hospice has a room which is available for quiet contemplation and relaxation. The gardens also provide a quiet and restful area, weather permitting.

Services

There are regular services held in the day hospice and everyone is welcome. If you need help getting to a service, please ask a member of staff who will help you. Muslim prayer mats are available on request.

The Chaplaincy Team offer the following services:-

- *Listening*
- *Prayers, either formal or informal, which can be said at your bedside*
- *Regular services of worship in the day hospice*
- *Holy Communion at your bedside*
- *Laying on of hands*
- *Anointing with holy oil*
- *An out-of-hours on-call Chaplain*