

There are lots of little things that you can do at home to make a big difference to your local Hospice so we can continue to care for people in our community...



Leave some items in a box at the end of your path and ask for donations in return



Donate the cost of your usual pint at the local



Dance to 'I need a hero', record it on Tik Tok and ask people to text donate to Overgate



Working from home and making your own lunch?

Donate the money you're saving



Do you regularly order items from Amazon? Get there through smile.amazon.co.uk and select Overgate as your chosen charity to support us each time you shop!

Donate the money you would normally spend on your morning coffee



Do you cycle or walk to work?



Why not complete the same distance at home and raise sponsor money!

Introduce a swear box at home and charge a fee for every swear word



Are you saving the cost of your usual commute? Why not donate your bus/train fare?



Donate the cost of a visit to a play gym and set up some soft play of your own – why don't you include a den or an obstacle course?



Got a treadmill or an exercise bike? Why not complete a personal challenge and get sponsored for it?



Got a better idea? We'd love to hear it! Don't forget to share your fundraising story on social media and tag us in it. Because you care, we can.



## How to donate

To donate **£3**, text OVERGATE to **70331**  
To donate **£5**, text OVERGATE to **70970**  
To donate **£10**, text OVERGATE to **70191**

Set up a **JustGiving Page** or **Facebook Fundraiser** and any donations will come straight to the Hospice! To make your donation over the phone, or if you have any questions, call our team on **01422 387121**. You could also visit our website to donate or text to give using one of the options opposite\*

# #notallheroeswearcapes

Registered Charity Number 511619

[www.overgatehospice.org.uk](http://www.overgatehospice.org.uk)

\*Fundraising, payments and donations will be processed and administered by the National Funding Scheme (Charity No: 1149800), operating as DONATE. Texts will be charged at your standard network rate. For Terms & Conditions, see [www.easydonate.org](http://www.easydonate.org)