

		Tuesday 1st July	Wednesday 2nd July	Thursday 3rd July	Friday 4th July
TIME	Day Hospice	Day Hospice2	Day Hospice3	Day Hospice4	Day Hospice5
9:00-10:00				Support and Wellbeing Programme* 9.30am-12pm Benefits of Exercise	Time to Think: Dementia Support* 9.30am-12pm Social Work Session
10:00-11:00		Todmorden Hub 10am-3pm. 10am - Louise Iredale Horticulture. 2-3pm Dr Rachael Sheils, Medical Director	Virtual Day Hospice Meetings 10am-12pm. Upper Valley Hub Local poet Winston 10am-12pm		
13:00-14:00		Diversional therapy activity Zoom meeting* 1.30-2.30pm Patient Service User Group - Please ring Day Hospice if interested. 1:00-3:30pm		Support and Wellbeing Programme* 1-3.30pm Benefits of Exercise	Sacred Space 1:30pm-3:00pm
14:00-15:00					
17:00-18:00					
18:00-19:00		What Happens Next 6pm-8pm Bereavement Support Group			

	Monday 7th July	Tuesday 8th July	Wednesday 9th July	Thursday 10th July	Friday 11th July
TIME	Day Hospice	Day Hospice2	Day Hospice3	Day Hospice4	Day Hospice5
9:00-10:00				Support and Wellbeing Programme* 9.30am-12pm Pamper session	Time to Think: Dementia Support* 9.30am-12pm Singing for the brain
10:00-11:00	Nurse-led appointments* Time for Me 10am-12pm Bereavement Support Group Central Halifax Hub The Shay 10am-12pm - 11am Ramsdens Solicitors Ivana.	Monthly telephone support*	Day Hospice Virtual Support meeting* 10am-12pm Lower Valley Hub 10am-3pm - 11am Ramsdens Solicitors Ivana		
13:00-14:00	New Referral Group* 2pm-4pm Central Halifax Hub , 1:30-3:30 Enterprise Centre Hanson Lane.	Diversional therapy activity Zoom meeting* 1.30-2.30pm Breath of Fresh Air: Respiratory Support 1.30pm-3.30pm (Introduction to the programme, goal setting and benefits of exercise).		Support and Wellbeing Programme* 1-3.30pm Pamper session	
14:00-15:00					
17:00-18:00					
18:00-19:00		Carers Group 6pm-8pm			

	Monday 14th July	Tuesday 15th	Wednesday 16th	Thursday 17th	Friday 18th
TIME	Day Hospice	Day Hospice2	Day Hospice3	Day Hospice4	Day Hospice5
9:00-10:00				Support and Wellbeing Programme* 9.30am-12pm Tai Chi	Time to Think: Dementia Support* 9.30am-12pm Planning for the future
10:00-11:00	Nurse-led appointments* Time for me bereavement support group 10am-12pm	Monthly telephone support*	Day Hospice Virtual Support meeting* 10am-12pm Calder and Ryburn Hub 10am-3pm - Crime Prevention with West Yorkshire Police 11am.		
13:00-14:00		Diversional therapy activity Zoom meeting* 1.30-2.30pm		Support and Wellbeing Programme* 1-3.30pm Tai Chi	Sacred Space 1:30-3pm
14:00-15:00	New Referral Group* 2pm-4pm	Breath of Fresh Air 1.30pm-3.30pm (Breathlessness and Fatigue Self-Management.)			
17:00-18:00					
18:00-19:00		Time to Talk 2 - 6pm-8pm Bereavement Support			

	Monday 21st	Tuesday 22nd	Wednesday 23rd	Thursday 24th	Friday 25th
TIME	Day Hospice	Day Hospice2	Day Hospice3	Day Hospice4	Day Hospice5
9:00-10:00				Support and Wellbeing Programme* 9.30am-12pm (Complimentary therapies to aid relaxation and wellbeing.)	Time to Think: Dementia Support* 9.30am-12pm (Complimentary therapies to aid memory and relaxation.)
10:00-11:00	Nurse-led appointments*	Monthly telephone support*	Day Hospice Virtual Support meeting* 10am-12pm North Halifax Hub 10am-3pm - 11am Bladder and incontinence.		
13:00-14:00		Diversional therapy activity Zoom meeting* 1.30-2.30pm Breath of Fresh Air: 1.30pm-3.30pm (Breathlessness Medical Management and planning for the future.)		Support and Wellbeing Programme* 1-3.30pm (Complimentary therapies to aid relaxation and wellbeing.)	
14:00-15:00	New Referral Group* 2pm-4pm				Baking Group
17:00-18:00					
18:00-19:00		Carers Group 6pm-8pm			

	Monday 28th July	Tuesday 29th July
TIME	Day Hospice	Day Hospice2
9:00-10:00		
10:00-11:00	Nurse-led appointments*10am-12pm Time to Talk 1 (bereavement Support Group)	Monthly telephone support*
13:00-14:00		Breath of Fresh Air: 1.30pm-3.30pm (Complimentary therapy and anxiety management)Diversio nal therapy activity
14:00-15:00	New Referral Group* 2pm-4pm	
17:00-18:00		
18:00-19:00		What Happens Next 6pm-8pm Breavement Support Group

Wednesday 30th July	Thursday 31st July	
Day Hospice3	Day Hospice4	Day Hospice5
	Support and Wellbeing Programme* (9.30am-12pm Seated pilates TBC)	
Virtual Day Hospice Meetings 10am-12pm.		
	Support and Wellbeing Programme* 1-3:30pm (Seated pilates TBC)	