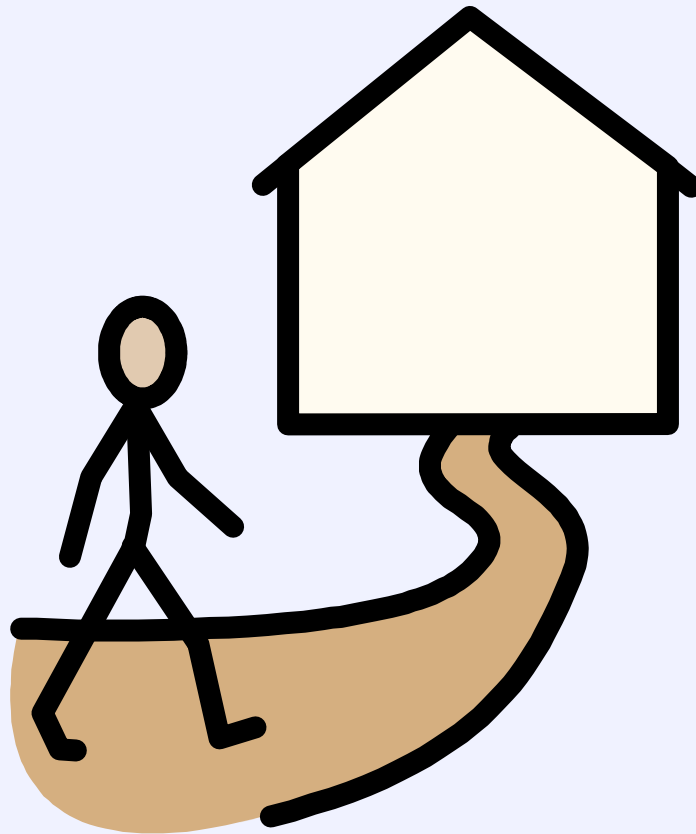


Caring for your loved one

Symbol Book



Visiting

Kylie's Story

In 2019, I found a lump in my breast. At the time, my daughter Elsie was just 18 months old, and I assumed my body was still adjusting to motherhood. But after a GP visit, everything moved quickly. A biopsy confirmed my fears - I had stage four breast cancer. I was given one year, maybe five if I was lucky. Nearly six years later, I'm still here, focusing on living each day.

One of the hardest parts of my diagnosis has been helping my daughter Elsie, understand it. Now almost seven, she has autism and limited understanding of illness and loss. Finding ways to support her has been challenging, but Overgate Hospice and her specialist school, Highbury have been incredible. Through stories and visuals, they have helped us navigate this journey in a way Elsie can process.

This experience has inspired me to work with Overgate and Widgit, to develop a resource for children with communication difficulties. I hope that it will help families explain illness, loss, and bereavement in a way that is accessible. I know how isolating it can feel to be in this situation, and I want to ensure other families have the support they need.

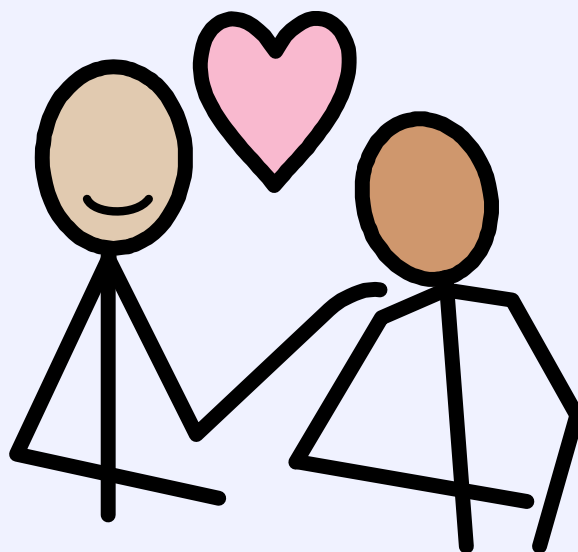
Overgate has been my sanctuary, providing complementary therapies, making memory boxes for my family, and counselling - all free of charge. Their kindness has changed our lives, and I've made it my mission to give back, raising £30,000 so far. That's not the only legacy I want to leave, I want to ensure other families have the support they need and by creating this resource, I hope this will provide some support at the most difficult time.



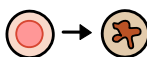
This resource was created in partnership with Kylie Lang and Overgate Hospice

www.overgatehospice.org.uk





It is important to be gentle with _____.



_____ is poorly with cancer.

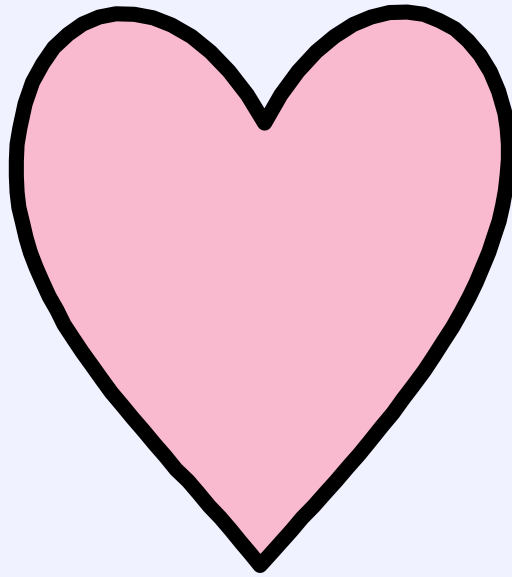


_____ will go to the hospice.



The nurses at the hospice will care for _____.





visits



in the hospice.



loves



loves

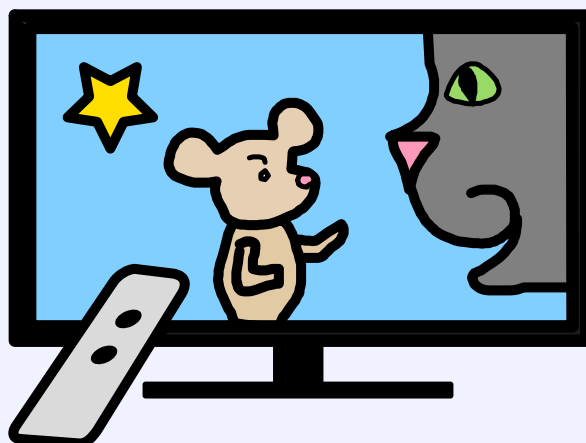


have fun



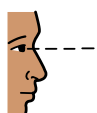
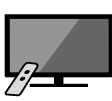

together.

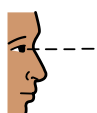






_____ and _____   play with toys together.

_____ and _____   read together.





 _____   They watch films together.

 _____   They watch cartoons together.





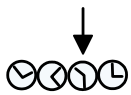
Sometimes  gets tired.

Sometimes  needs to  stay in bed  and sleep. 

 sleeps  in the hospice.

 sleeps  at home in  bed.





Sometimes



is too tired



to open their eyes.



This is okay.



needs

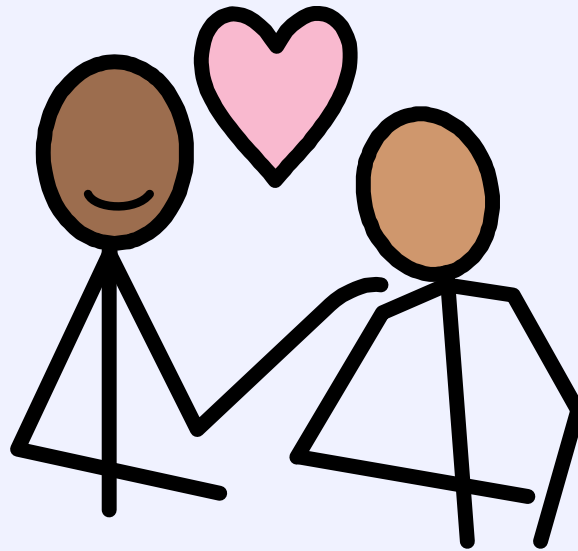


to rest.



is thinking about







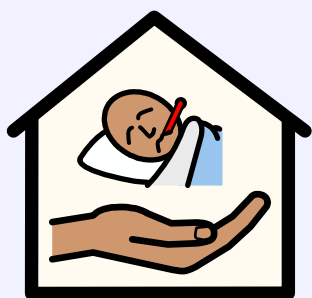
  _____  medicine.

  _____  while they sleep.

  _____.

  _____.

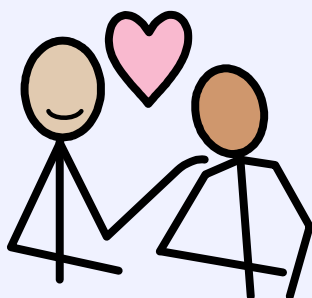




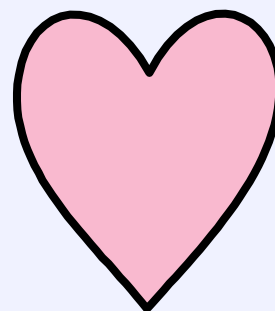
hospice



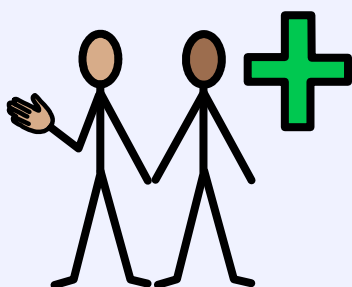
poorly



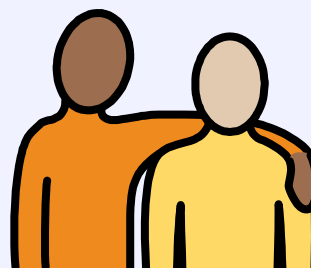
gentle



love



nurses



care for

